



Help Your Clients Resolve Chronic Shame, Build Resilience,
and Cultivate Worth, Empowerment & Belonging

AST Model of Holistic Shame Resolution®: LEVEL I

April 15th - 17th, 2016

San Diego, CA at Marina Village

with Caryn Scotto d'Luiza, MA, SEP, AST Developer

3 Days of Transformative, Fun, Experiential, Immersion Learning
(plus FREE Pre-Training Webinar April 7th)



EARN, LEARN & GET INSPIRED!

This training is open to *Somatic Experiencing® Practitioners* and offers both **CEs** & 24 credits towards the **NEW SETI Advanced SEP Credentialing Program**.

LEARN HOW TO EMPOWER YOUR CLIENTS BY:

- Assessing and building your clients' **shame resilience**
- Navigating your clients **skillfully out of shame cycles**
- Cultivating greater **worthiness, empowerment** and **belonging** within chronic shame survivors
- Recognizing **hidden shame** and what lies beneath it
- Building a more **attuned therapeutic alliance** with those you serve
- Learning to **handle the blame game** so that it **builds trust** instead of re-enacting hurt
- Further developing and **enhancing your SE tool kit**

For More Info/Register:
www.re-embodylife.com

or contact Joan Luly:
858-273-2240
joanluly@icloud.com

TUITION: Early Bird until Feb. 21st ~~\$1,070~~ \$799
(with optional 8-week case consultation group,
additional \$299)

"AST Model has been the missing piece for me! I can't tell you what it has done for my Highly Sensitive clients!"

-L.C., SE Assistant



Caryn Scotto d' Luiza
MA, SEP, AST Developer

ADJUNCT FACULTY: Caryn Scotto d' Luiza is an innovator, somatic facilitator, educator and trainer. Author of *Alchemy of Shame Transformation for Therapists and Healing Professionals*, Caryn is the developer of the AST Model of Holistic Shame Resolution®. This neurobiologically-principled, attachment-based approach specializes in chronic shame relief and resilience, healing shame-based early trauma resolution, need-based attachment re-patterning, and life-affirming authentic self-expression and empowerment. Caryn is Adjunct Faculty at the Somatic Experiencing Trauma Institute, a member of the UN NGO Committee on Mental Health, USABP Presenter, and speaker at the United Nations on the issue of resolving shame. Caryn offers private sessions and professional case consultations remotely by Skype and in-person in the CA Bay Area and NYC.