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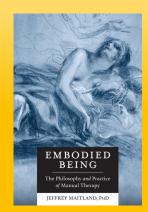
NUTRITION ESSENTIALS FOR MENTAL HEALTH

A Complete Guide to the Food-Mood Connection LESLIE KORN

LESLIE KORN Foreword by James Lake, Md You can read Chapter 1 from Leslie Korn's newest publication, <u>Nutrition Essentials For Mental Health</u>, review and author reflection begin on page 26 of our June 2016 issue.

Click here to read Chapter 1

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Or indulge yourself in Chapter 5 from Jeffrey Maitland's newest release, <u>Embodied</u> <u>Being: The Philosophical Roots of Manual</u> <u>Therapy</u>, review and author reflection begin on page 48 of the June 2016 issue.

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WHEN HURT REMAINS



ASAF KOLEF BEN-SHAHAK AND RACHEL SHALIT

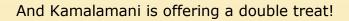
OTHER THAN

MOTHER CHOOSING CHILDLESSNESS WITH LIFE IN MIND

KAMALAMAN

Asaf Rolef Ben-Shahar and Rachel Shalit are sharing their Introduction to <u>When Hurt Remains: Relational Perspectives on</u> <u>Therapeutic Failure</u>, review and reflection begin on page 54.

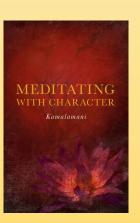
Click here to read their introduction



You can read the Introduction from her newest release, <u>Other Than</u> <u>Mother: Choosing Childlessness with Life in Mind</u>, review and author reflections begin on page 66.

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and



Chapter 6 from <u>Meditating with Character</u>, which offers the main analysis of the character positions!

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